PREP Center News!

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The PREP Center is located at 10810 Justice Center Drive in Roseville, CA. If you walk around to the back side of the building, you will see a wooden picnic bench and black bike rack. The County of Placer Re-Entry Program logo is on the window. Come on in, I will be here to greet you! ~Linda

Probation & Parole Partnership Expands Re-Entry Services for Ex-Offenders!

Leaving prison or jail and reintegrating into the community can be an overwhelming experience for ex-offenders. Many lack essential life skills or struggle with debilitating conditions such as addiction or mental illness. Without help, too many of these individuals return to the system due to new arrests.

A collaboration between Placer County and the California Department of Corrections and Rehabilitation seeks to change these odds. This partnership allows the PREP center to leverage funding and create full service programs at multiple locations throughout the county.

Currently, we are providing classes at:

- Bill Santucci Justice Center
- Placer County Jail (Roseville and Auburn)
- Welcome Center in Auburn
- Auburn PREP center off of Highway 49
- Northern California Construction Training Program located at the Roseville Fairground and opening soon in Auburn

Full Service programming includes: Bus passes, shuttle service, High School Equivalency classes, 52 Week Batters Programming, Employment assistance, Northern California Construction Training Pre-Apprenticeship Program, Anger Management, Parenting classes, Drug and Alcohol Treatment programs, Theft Ed classes, and the Seeking Safety classes focusing on PTSD and substance abuse along with other life skill components such as computer and money management.

Placer County is breaking down the silos and sending a clear message, that if you need help, we have a program for you!

PREP Impact

Congratulations to Jonah Braley! He took advantage of PREP services and earned his high school diploma, graduated from the Northern California Construction Training Program and successfully fulfilled his individual service plan. He is an inspiration to all. Well done Jonah, many great things to come for you!



Placer PREP

"Where clients learn to be safe by choice, not by chance."

Introducing PREP's Program Coordinator

Greetings! My name is Amreek Singh and I am proud new member of the PREP team. I am excited about all the great things that are happening at the PREP center and hope to continue to build meaningful partnerships with the probation and parole team to enhance our work. I am also thrilled at all the community and business partnerships we have in place and how we impact the lives of our clients.



As an educator, I have served as a vice principal in a K-8 school and a principal of an elementary school. I also bring with my experiences as a social worker and a school psychologist. I am thrilled to have a staff that collaborates and builds meaningful relationships with clients' every day. I have had the opportunity to speak with many clients and I have had a glimpse of the importance of our work with them and the difference we can make and I am here to continue to support them in making meaningful changes in their lives.

I am very excited about growing our center and the scope of services we provide. I look forward to connecting with everyone and collaborating with partners to continue to impact clients so that they can be productive members of society.

If you have any questions or comments, I welcome your calls. I can be reached at 916-543-7443 or asingh@placer.ca.gov.

New Classes in Center!

"Bridges"

The Placer County Re-Entry Program and Adult System of Care (ASOC) have partnered together to create the new substance abuse treatment group titled, Bridges. The group was created to help clients understand how using substances can create obstacles in their lives. The group will be held at the PREP center Mondays and Wednesdays 3:00pm-4:30pm.

"Balance"

We are happy to announce Nutrition classes are headed our way to Placer Prep Center. Cindy Livers, Owner of *Balance* ~ Wellness & Nutrition Consulting is coming onboard! The Nutrition classes will be held Thursdays from 3-4pm. The 1st class will start on August 25th. The classes will cycle through the curriculum every 5 weeks.



Seeking Safety class, facilitated by Eliane Lewis

We will focus on wellness and nutrition, specifically:

* General wellness

Keeping the whole person healthy; it's not just about what we eat/drink.

* Optimal nutrition

What foods/beverages should I increase? What should I decrease? Do superfoods exist? "Rethink your Drink")

* Adequate hydration

How much is enough? Why is it important?

* Exercise

We all need it! What type? How much?

- * Food safety and sanitation
- * Healthy food on a budget

Northern California Construction Training

Big things are happening in the Northern California Construction Training (NCCT) program. August marks the one year anniversary of the vocational training program. Since the opening of NCCT, many clients have successfully completed the program and have obtained full time employment. Last month NCCT held its official graduation ceremony. Over 200 graduates from Placer County, Sacramento County and Yolo County all came together and were presented their certificate of completion.



NCCT Graduates in Photograph: Front row; Jessica M., Christine B., Tanner H., Mark D., and Barbara M. Back row; Andrew K., Robert P., Michael S., and Justin W. Graduates not in photograph: James P., George M., Tyler B., Cody E., and Chris H.

The PREP program is proud to announce that the Northern California Construction Training program is expanding. We currently have sites in Sacramento, Roseville, and Woodland. Soon a site in Auburn will be opening its doors. The new vocational training program will be located at the Auburn fairgrounds. If you live in Placer County and are interested in pursuing your employment goals in the construction trade, please contact Linda Martin at 916-543-7453.













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PREP Program Menu of Services

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